5 MINUTE JOURNALING	
	Daily journal
	JOURNAL ANXIOUS AS ANYTHING
TOP 3 THIGS ABOUT TODAY	WHAT INSPIRED YOU THE MOST TODAY?
<u> </u>	
WHAT EMOTIONS HAVE YOU FELT TODAY?	
99999	
	3 THINGS I WISH FOR TOMORROW
	$\odot$
HOW WOULD YOU RATE THE DAY?	0
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